

Faith Practice Focus: Study

A Monthly Bible Study Reading Plan

Consider this monthly Bible study to help you dig into the Bible and grow in faith throughout the year. You can study each month on your own, with a friend, group, or with your family. It's intentionally designed to be intergenerational — accessible to all ages, and fit into a busy schedule. Read one story each week or however you like, reflect, and pray. May you and your family be blessed as you study God's Word.

Adapted from our friends at Spark House Family 2017: www.sparkhouse.org

February: Our Family Tree of Faith

Explore these stories about our ancestors of faith in the Old Testament!

Sarah and Abraham	Genesis 15:1-6, 17-18
Rebekah and Isaac	Genesis 24:10-21, 58-67
Jacob and Esau	Genesis 27:1-40
Joseph and His Brothers	Genesis 37:1-28

Ask:

- These stories start with God's promise to Abraham. What is a promise you made to your family?
- If you could interview someone from these stories, who would you choose and why?
- What will you remember about the family relationships in these stories?

Do:

The stories about Abraham, Sarah, and their descendants start with the image of a sky full of stars. Watch the weather for the next clear night and do some stargazing together. Imagine what Abraham thought of God's promise!

Pray:

Say this prayer together, including the names of people in *your* family tree of faith. Dear God, You were faithful to Abraham and you are faithful to us. We thank you for the people in our family who help us grow in our faith. [*Name the faithful people you know.*] Amen.